

DEVELOPMENTAL CHECKLIST - 1 TO 3 MONTHS

CHILD'S NAME: _____

DATE OF BIRTH: _____

PARENT OR GUARDIAN: _____

DATE
OBSERVED

MOVEMENT

- ✓ Raises head and cheek when lying on stomach (3 mos.)
- ✓ Supports upper body with arms when lying on stomach (3 mos.)
- ✓ Stretches legs out when lying on stomach or back (2-3 mos.)
- ✓ Opens and shuts hands (2-3 mos.)
- ✓ Pushes down on his legs when his feet are placed on firm surface (3 mos.)

VISUAL

- ✓ Watches face intently (2-3 mos.)
- ✓ Follows moving objects (2 mos.)
- ✓ Recognizes familiar objects and people at a distance (3 mos.)
- ✓ Starts using hands and eyes in coordination (3 mos.)

HEARING AND SPEECH

- ✓ Smiles at the sound of voice (2-3 mos.)
- ✓ Cooing noises; vocal play (begins at 3 mos.)
- ✓ Attends to sound (1-3 mos.)
- ✓ Startles to loud noise (1-3 mos.)

SOCIAL/EMOTIONAL

- ✓ Begins to develop a social smile (1-3 mos.)
- ✓ Enjoys playing with other people and may cry when playing stops (2-3 mos.)
- ✓ Becomes more communicative and expressive with face and body (2-3 mos.)
- ✓ Imitates some movements and facial expressions

DEVELOPMENTAL RED FLAGS (1 TO 3 MONTHS)

- ✓ Doesn't seem to respond to loud noises
- ✓ Doesn't follow moving objects with eyes by 2 to 3 months
- ✓ Doesn't smile at the sound of your voice by 2 months
- ✓ Doesn't grasp and hold objects by 3 months
- ✓ Doesn't smile at people by 3 months
- ✓ Cannot support head well at 3 months
- ✓ Doesn't reach for and grasp toys by 3 to 4 months
- ✓ Doesn't bring objects to mouth by 4 months
- ✓ Doesn't push down with legs when feet are placed on a firm surface by 4 months
- ✓ Has trouble moving one or both eyes in all directions
- ✓ Crosses eyes most of the time (occasional crossing of the eyes is normal in these first months)

COMMENTS:
