# DEVELOPMENTAL CHECKLIST - 3 TO 4 YEARS

**CHILD'S NAME:**

**DATE OF BIRTH:**

**PARENT OR GUARDIAN:**

### MOVEMENT
- ✓ Hops and stands on one foot up to 5 seconds
- ✓ Goes upstairs and downstairs without support
- ✓ Kicks ball forward
- ✓ Throws ball overhand
- ✓ Catches bounced ball most of the time
- ✓ Moves forward and backward
- ✓ Uses riding toys

### HAND AND FINGER SKILLS
- ✓ Copies square shapes
- ✓ Draws a person with 2-4 body parts
- ✓ Uses scissors
- ✓ Draws circles and squares
- ✓ Begins to copy some capital letters
- ✓ Can feed self with spoon

### LANGUAGE MILESTONES
- ✓ Understands the concepts of "same" and "different"
- ✓ Has mastered some basic rules of grammar
- ✓ Speaks in sentences of 5-6 words
- ✓ Asks questions
- ✓ Speaks clearly enough for strangers to understand
- ✓ Tells stories

### COGNITIVE MILESTONES
- ✓ Correctly names some colors
- ✓ Understands the concept of counting and may know a few numbers
- ✓ Begins to have a clearer sense of time
- ✓ Follows three-part commands
- ✓ Recalls parts of a story
- ✓ Understands the concept of same/different

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Developmental Checklists Birth to Five
Adapted by First Look and The Early Childhood Direction Center - 2006
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COGNITIVE MILESTONES (continued)
✓ Engages in fantasy play
✓ Understands causality ("I can make things happen")

SOCIAL MILESTONES
✓ Interested in new experiences
✓ Cooperates/plays with other children
✓ Plays "mom" or "dad"
✓ More inventive in fantasy play
✓ Dresses and undresses
✓ More independent

EMOTIONAL MILESTONES
✓ Often cannot distinguish between fantasy and reality
✓ May have imaginary friends or see monsters

DEVELOPMENTAL RED FLAGS (3 TO 4 YEARS)
✓ Cannot jump in place
✓ Cannot ride a trike
✓ Cannot grasp a crayon between thumb and fingers
✓ Has difficulty scribbling
✓ Cannot copy a circle
✓ Cannot stack 4 blocks
✓ Still clings or cries when parents leave him
✓ Shows no interest in interactive games
✓ Ignores other children
✓ Doesn't respond to people outside the family
✓ Doesn't engage in fantasy play
✓ Resists dressing, sleeping, using the toilet
✓ Lashes out without any self-control when angry or upset
✓ Doesn't use sentences of more than three words
✓ Doesn't use "me" or "you" appropriately

COMMENTS: