

DEVELOPMENTAL CHECKLIST - 4 TO 5 YEARS

CHILD'S NAME: _____

DATE OF BIRTH: _____

PARENT OR GUARDIAN: _____

DATE
OBSERVED

MOVEMENT

- ✓ Stands on one foot for 10 seconds or longer
- ✓ Hops, somersaults
- ✓ Swings, climbs
- ✓ May be able to skip

MILESTONES IN HAND AND FINGER SKILLS

- ✓ Copies triangle and other geometric patterns
- ✓ Draws person with body
- ✓ Prints some letters
- ✓ Dresses and undresses without assistance
- ✓ Uses fork, spoon
- ✓ Usually cares for own toilet needs

LANGUAGE MILESTONES

- ✓ Recalls parts of a story
- ✓ Speaks sentences of more than 5 words
- ✓ Uses future tense
- ✓ Tells longer stories
- ✓ Says name and address

COGNITIVE MILESTONES

- ✓ Can count 10 or more objects
- ✓ Correctly names at least 4 colors
- ✓ Better understands the concept of time
- ✓ Knows about things used every day in the home (money, food, etc.)

SOCIAL MILESTONES

- ✓ Wants to please and be with friends
- ✓ More likely to agree to rules
- ✓ Likes to sing, dance, and act
- ✓ Shows more independence

DEVELOPMENTAL RED FLAGS (4 TO 5 YEARS)

- ✓ Exhibits extremely aggressive, fearful or timid behavior
- ✓ Is unable to separate from parents
- ✓ Is easily distracted and unable to concentrate on any single activity for more than 5 minutes
- ✓ Shows little interest in playing with other children
- ✓ Refuses to respond to people in general
- ✓ Rarely uses fantasy or imitation in play
- ✓ Seems unhappy or sad much of the time
- ✓ Avoids or seems aloof with other children and adults
- ✓ Doesn't express a wide range of emotions
- ✓ Has trouble eating, sleeping or using the toilet
- ✓ Can't differentiate between fantasy and reality
- ✓ Seems unusually passive
- ✓ Can't understand two-part commands and prepositions ("put the cup on the table"; "get the ball under the couch")
- ✓ Can't give his first and last name
- ✓ Doesn't use plurals or past tense
- ✓ Cannot build a tower of 6 to 8 blocks
- ✓ Seems uncomfortable holding a crayon
- ✓ Has trouble taking off clothing
- ✓ Can't brush teeth or wash and dry hands

COMMENTS:
