

DEVELOPMENTAL CHECKLIST - 8 TO 12 MONTHS

CHILD'S NAME: _____

DATE OF BIRTH: _____

PARENT OR GUARDIAN: _____

**DATE
OBSERVED**

MOVEMENT

- ✓ Gets to sitting position without assistance (8-10 mos.)
- ✓ Crawls forward on belly
- ✓ Assumes hand and knee position
- ✓ Creeps on hands and knees
- ✓ Gets from sitting to crawling or prone (lying on stomach) position (10-12 mos.)
- ✓ Pulls self up to standing position
- ✓ Walks holding on to furniture
- ✓ Stands momentarily without support
- ✓ May walk two or three steps without support

HAND AND FINGER SKILLS

- ✓ Uses pincer grasp (grasp using thumb and index finger) (7-10 mos.)
- ✓ Bangs two one-inch cubes together
- ✓ Puts objects into container (10-12 mos.)
- ✓ Takes objects out of container (10-12 mos.)
- ✓ Pokes with index finger
- ✓ Tries to imitate scribbling

COGNITIVE

- ✓ Explores objects in many different ways (shaking, banging, throwing, dropping) (8-10 mos.)
- ✓ Finds hidden objects easily (10-12 mos.)
- ✓ Looks at correct picture when image is named
- ✓ Imitates gestures (9-12 mos.)

LANGUAGE MILESTONES

- ✓ Responds to simple verbal requests
- ✓ Responds to "no"
- ✓ Makes simple gestures such as shaking head for no
- ✓ Babbles with inflection (8-10 mos.)

DATE
OBSERVED

LANGUAGE MILESTONES (cont)

- ✓ Babbles “dada” and “mama” (8-10 mos.)
- ✓ Says “dada” and “mama” for specific person (11-12 mos.)
- ✓ Uses exclamations such as “oh-oh”

SOCIAL/EMOTIONAL

- ✓ Shy or anxious with strangers (8-12 mos.)
- ✓ Cries when mother or father leaves (8-12 mos.)
- ✓ Enjoys imitating people in his play (10-12 mos.)
- ✓ Shows specific preferences for certain people and toys (8-12 mos.)
- ✓ Prefers mother and/or regular care provider over all others (8-12 mos.)
- ✓ Repeats sounds or gestures for attention (10-12 mos.)
- ✓ Finger-feeds himself (8-12 mos.)
- ✓ Extends arm or leg to help when being dressed

DEVELOPMENTAL RED FLAGS (8 TO 12 MONTHS)

- ✓ Does not crawl
- ✓ Drags one side of body while crawling (for over one month)
- ✓ Cannot stand when supported
- ✓ Does not search for objects that are hidden (10-12 mos.)
- ✓ Says no single words (“mama” or “dada”)
- ✓ Does not learn to use gestures such as waving or shaking head
- ✓ Does not sit steadily by 10 months
- ✓ Does not show interest in “peek-a-boo” or “patty cake” by 8 mos.
- ✓ Does not babble by 8 mos. (“dada,” “baba,” “mama”)

COMMENTS:
