

## Functional Mobility/Self-Help Assessment

### Mobility

1.	Child can ascend/descend school bus steps:	functional	supervision/prompts	with physical assistance	emerging	N/A
2.	Child ambulates with/without assistive devices:	functional	supervision/prompts	with physical assistance	emerging	N/A
3.	Child uses manual/power wheelchair:	functional	supervision/prompts	with physical assistance	emerging	N/A
4.	Child transfers:	functional	supervision/prompts	with physical assistance	emerging	N/A
5.	Child can push/pull exterior school doors:	functional	supervision/prompts	with physical assistance	emerging	N/A
6.	Child can turn knobs of interior school doors:	functional	supervision/prompts	with physical assistance	emerging	N/A
7a.	Child can ascend/descend stairs with/without handrail:	functional	supervision/prompts	with physical assistance	emerging	N/A
7b.	Child can ascend/descend stairs two feet on each step:	functional	supervision/prompts	with physical assistance	emerging	N/A
7c.	Child can ascend/descend stairs step-over-step pattern:	functional	supervision/prompts	with physical assistance	emerging	N/A
8.	Child can use playground equipment:	functional	supervision/prompts	with physical assistance	emerging	N/A
9a.	Child can maneuver in hallways:	functional	supervision/prompts	with physical assistance	emerging	N/A
9b.	Child can maneuver on ramps:	functional	supervision/prompts	with physical assistance	emerging	N/A
9c.	Child can maneuver on curbs:	functional	supervision/prompts	with physical assistance	emerging	N/A
9d.	Child can maneuver on uneven surfaces:	functional	supervision/prompts	with physical assistance	emerging	N/A

10.	Child is in regular physical education/adapted physical education: functional supervision/prompts	with physical assistance	emerging	N/A
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**Bathroom**

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|----|---|--------------------------|----------|-----|
| 1. | Child can access exterior bathroom door:<br>functional supervision/prompts                        | with physical assistance | emerging | N/A |
| 2. | Child can open stall doors:<br>functional supervision/prompts                                     | with physical assistance | emerging | N/A |
| 3. | Child can pull pants down/pull pants up:<br>functional supervision/prompts                        | with physical assistance | emerging | N/A |
| 4. | Child can transfer onto toilet/off toilet:<br>functional supervision/prompts                      | with physical assistance | emerging | N/A |
| 5. | Child can use toilet paper:<br>functional supervision/prompts                                     | with physical assistance | emerging | N/A |
| 6. | Child can wash own hands:<br>functional supervision/prompts                                       | with physical assistance | emerging | N/A |
| 7. | Child can dry own hands:<br>functional supervision/prompts  | with physical assistance | emerging | N/A |
| 8. | Child can use potty chair with/without arms, with/without tray:<br>functional supervision/prompts | with physical assistance | emerging | N/A |
| 9. | Child uses toilet with adaptive seating/rails:<br>functional supervision/prompts                  | with physical assistance | emerging | N/A |

**Cafeteria**

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|----|---|--------------------------|----------|-----|
| 1. | Child can carry tray through line:<br>functional supervision/prompts                                | with physical assistance | emerging | N/A |
| 2. | Child can set up meal/set up drink:<br>functional supervision/prompts                               | with physical assistance | emerging | N/A |
| 3. | Child can eat with regular utensils/adapted utensils/finger food:<br>functional supervision/prompts | with physical assistance | emerging | N/A |
| 4. | Child can use regular/adapted cup:<br>functional supervision/prompts                                | with physical assistance | emerging | N/A |

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|----|---|--------------------------|----------|-----|
| 5. | Child can/cannot use straw:<br>functional supervision/prompts | with physical assistance | emerging | N/A |
| 6. | Child can feed self:<br>functional supervision/prompts        | with physical assistance | emerging | N/A |

**Classroom**

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|-----|---|--------------------------|----------|-----|
| 1.  | Child can put on/take off coat:<br>functional supervision/prompts                       | with physical assistance | emerging | N/A |
| 2.  | Child can use fasteners/zippers/buttons:<br>functional supervision/prompts              | with physical assistance | emerging | N/A |
| 3.  | Child can put on/take off boots, shoes, mittens, hat:<br>functional supervision/prompts | with physical assistance | emerging | N/A |
| 4.  | Child can use regular desk:<br>functional supervision/prompts                           | with physical assistance | emerging | N/A |
| 5.  | Child uses wheelchair with/without tray:<br>functional supervision/prompts              | with physical assistance | emerging | N/A |
| 6.  | Child can use pencil/pen/scissors/paste:<br>functional supervision/prompts              | with physical assistance | emerging | N/A |
| 7.  | Child can get items from desk:<br>functional supervision/prompts                        | with physical assistance | emerging | N/A |
| 8.  | Child can get items from backpack:<br>functional supervision/prompts                    | with physical assistance | emerging | N/A |
| 9.  | Child can access computer:<br>functional supervision/prompts                            | with physical assistance | emerging | N/A |
| 10. | Child can use stool in art/music:<br>functional supervision/prompts                     | with physical assistance | emerging | N/A |
| 11. | Child has adequate sitting balance:<br>functional supervision/prompts                   | with physical assistance | emerging | N/A |
| 12. | Child attends task/follows directions:<br>functional supervision/prompts                | with physical assistance | emerging | N/A |
| 13. | Child can pick things up off the floor:<br>functional supervision/prompts               | with physical assistance | emerging | N/A |

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|-----|---|---------------------|--------------------------|----------|-----|
| 14. | Child can get up off the floor:                                       |                     |                          |          |     |
|     | functional  | supervision/prompts | with physical assistance | emerging | N/A |
| 15. | Child is mobile in classroom-ambulation/wheelchair/walker/bunny hops: |                     |                          |          |     |
|     | functional  | supervision/prompts | with physical assistance | emerging | N/A |