Any from the previous list, plus

U

Interactions with others ☐ Know how and when to negotiate and compromise ☐ Hold others accountable ☐ Use public transportation alone	Organizing and decluttering ☐ Keep a vehicle free of trash, especially if sharing it with the family
 □ Fill out an application and interview for a job □ Initiate contact with colleges and/or employers □ Keep parents notified of whereabouts and time expected home □ Understand what facts to keep personal to avoid identity theft and what can be made public □ Fill out medical/dental forms 	Repair and maintenance ☐ Check car tire pressure, air filter, oil and fluid levels ☐ Know when to take car to garage for maintenance or repair ☐ Use jumper cables ☐ Change a tire
Time management Use a day planner or app to keep track of	Household basics ☐ Understand plumbing basics ☐ Know electricity basics
multiple obligations ☐ Manage extracurricular activities ☐ Identify activities that are time wasters ☐ Be consistently on time for work and commitments	Healthy habits☐ Know importance of preventive dental and medical care
Money management ☐ Set up a bank account ☐ Understand basics of compound interest ☐ Know the risks of credit cards — and the importance of creditworthiness ☐ Understand basic premise of investing ☐ Understand basics of insurance ☐ Know what to do if a purse or wallet is stolen ☐ Understand how to read a pay stub with Social Security and income tax withdrawals ☐ Understand student loan offers and terms of repayment	 □ Know safe use of over-the-counter and prescription drugs □ Maintain a consistent exercise routine Decision-making skills □ Read and decipher fine print □ Talk with a career counselor □ Vote (18 only) □ Understand a rental contract for housing (18 only)