

ages 8-12

Any of the skills on the 4-7 list, plus

Interactions with others

- Serve others and ask, "How can I help?"
- Know how to make a good first impression
- Ask a service person for help
- Resolve conflict
- Take a phone message
- Able to compromise
- Carry on a conversation with an adult and ask clear questions
- Understand appropriate behavior according to occasion

Time management

- Read an analog clock
- Rearrange tasks to stay on time
- Show concern for turning assignments in on time
- Keep a school planner of assignments
- Work through a checklist of daily tasks

Money management

- Able to perform a transaction with a cashier or bank teller
- Save toward a long-term purchase
- Track spending and saving
- Identify a charitable cause to donate to
- Earn payment for extra chores

Organizing and decluttering

- Keep school papers in order
- Gather supplies needed for a task
- Sort belongings and keep room tidy
- Know which materials are required for the day's schedule

Repair and maintenance

- Wash windows — inside and out
- Help wash car
- Help with yard work
- Shovel snow
- Know how to use basic tools such as hammers and screwdrivers
- Maintain a bicycle — fill tires with air, apply oil for squeaks
- Change light bulbs

Household basics

- Follow a simple recipe
- Wash, dry and put away dishes
- Make school lunches
- Use washer and dryer
- Hang and fold laundry
- Strip and change bed linens
- Vacuum, sweep and mop
- Tidy the house
- Clean bathroom completely
- Take out trash

Healthy habits

- Floss teeth
- Trim nails or file sharp edges
- Choose nutritious snacks and understand the components of a balanced meal
- Know basic first aid

Decision-making skills

- Can gather facts necessary for making informed decisions
- Prioritize tasks
- Determine the most efficient course of action for completing a task
- Respond to peer pressure appropriately