

# Systematic Observation – Adaptive Behavior

**Age Range – 14 through 21 years**

(Additional Documentation of Adaptive Behavior Functioning in Home or School)

Student \_\_\_\_\_ D.O.B. \_\_\_\_\_ Age \_\_\_\_\_ School \_\_\_\_\_ Grade \_\_\_\_\_

*Compare Target Student (whose name is above) with peer of same age (Control Student). Control Student should have approximately age appropriate skills. **Mark Y (yes), N (no), or NK (not known)** for each behavior on both students. Some items can be completed by interview of teacher or target student.*

<b>Area: Communication</b>	<b>Target</b>	<b>Control</b>	<b>Examples of “N” Marked items for Target Student</b>
1. Listens to a story for 5 minutes			
2. Uses age appropriate vocabulary			
3. Speaks in complex sentences containing “because”			
4. Starts conversations of interest to others			
5. Remembers and relates experiences in detail when asked			
6. Answers complex questions			
<b>Area: Self-Care</b>	<b>Target</b>	<b>Control</b>	<b>Examples of “N” Marked items for Target Student</b>
1. Takes care of personal needs at age appropriate level			
2. Can go through lunch line without assistance			
3. Demonstrates adequate hygiene			
4. Recognizes need to go to clinic			
<b>Area: Social Skills</b>	<b>Target</b>	<b>Control</b>	<b>Examples of “N” Marked items for Target Student</b>
1. Not overly dependent on others			
2. Shows interest the ideas of others			
3. Keeps a stable group of friends			
4. Shows sympathy for others when they are sad or upset			
5. Congratulates others when something good happens			
6. Makes plans with others to attend activities			
7. Goes on dates			
<b>Area: School/Home Living</b>	<b>Target</b>	<b>Control</b>	<b>Examples of “N” Marked items for Target Student</b>
1. Cleans up materials around desk or table when asked			
2. Keeps up with personal belongings			
3. Returns borrowed books and supplies			
4. Regularly cleans up desk with workspace without being asked			
5. Performs minor repairs			
<b>Area: Community Use</b>	<b>Target</b>	<b>Control</b>	<b>Examples of “N” Marked items for Target Student</b>
1. Runs errands to various locations in school building			
2. States current day of the week when asked			
3. States value of penny, nickel, dime, & quarter			
4. Carries money to make small purchases			
5. Gives directions to help someone find a location a mile away			
6. Can use a map appropriately			

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Student \_\_\_\_\_

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<b>Area: Self-Direction</b>	<b>Target</b>	<b>Control</b>	<b>Examples of “N” Marked items for Target Student</b>
1. Completes routine classroom tasks in reasonable time			
2. Controls anger or hurt feelings when denied own way			
3. Keeps working on assigned task even when difficult			
4. Returns on time when requested to be back in classroom			
5. Asks teacher for school assignments after being absent			
<b>Area: Health &amp; Safety</b>	<b>Target</b>	<b>Control</b>	<b>Examples of “N” Marked items for Target Student</b>
1. Follows safety rules			
2. When confused, asks for help			
3. Shows caution around dangerous activities			
4. Asks to see School Nurse or other adult when ill or hurt			
5. Could make appointment with medical doctor if needed			
<b>Area: Functional Academics</b>	<b>Target</b>	<b>Control</b>	<b>Examples of “N” Marked items for Target Student</b>
1. Can print full name, and home address without a model			
2. Locates important dates on the calendar			
3. Tells time correctly, using a watch or clock with hands			
4. Writes notes, letters, or E-mail			
5. Can use a calculator appropriately			
6. Uses a dictionary, encyclopedia, or Internet to find information			
7. Reads the newspaper or magazines to find current events			
<b>Area: Leisure</b>	<b>Target</b>	<b>Control</b>	<b>Examples of “N” Marked items for Target Student</b>
1. Follows rules in a simple game without being reminded			
2. Tries a new activity to learn something new			
3. Joins others in activities appropriate for age			
4. Participates in organized activity such as dance or sports			
<b>Area: Work</b>	<b>Target</b>	<b>Control</b>	<b>Examples of “N” Marked items for Target Student</b>
1. Can name five occupations			
2. Works without disturbing others			
3. Accepts criticism of a job without showing anger			
4. Attentive to simple job for 10 minutes with distractions			
5. Can complete a job application with little assistance			

\_\_\_\_\_  
Signature of Observer

\_\_\_\_\_  
Relationship to Child

\_\_\_\_\_  
Dates of Observation(s)