

# Systematic Observations – Adaptive Behavior

Age range – Birth through 5 years

(Additional Documentation of Adaptive Behavior Functioning in Home or School)

Student \_\_\_\_\_ D.O.B. \_\_\_\_\_ Age \_\_\_\_\_ School \_\_\_\_\_ Grade \_\_\_\_\_

Compare **Target Student** (whose name is above) with peer of same age (**Control Student**). Control Student should have approximately age appropriate skills. **Mark Y (yes), N (no), or NK (not known)** for each behavior on both students. Some items can be completed by interview with caretaker/teacher.

Area: Communication	Target	Control	Examples of "N" Marked items for Target Student
1. Turns head toward speaker when name is called			
2. Shakes head yes or no in response to simple question			
3. Says 10 understandable words			
4. Asks simple questions (for example "What's that?")			
5. Uses sentences with a noun and a verb			
6. Listens to a story for 5 minutes			
7. Speaks in full sentences			
8. States first and last name when asked			
Area: Self-Care	Target	Control	Examples of "N" Marked items for Target Student
1. Swallows soft food			
2. Drinks from cup unassisted			
3. Feeds self with spoon with little spilling			
4. Indicates that pants or diaper are wet or soiled			
5. Buttons coat			
6. Is toilet trained during day			
7. Ties shoes			
8. Can find restroom unassisted			
Area: Social Skills	Target	Control	Examples of "N" Marked items for Target Student
1. Smiles at others			
2. Reaches for a person			
3. Says "hello" or "goodbye" to others appropriately			
4. Uses names of others			
5. Takes part in simple group games (tag, follow the leader)			
6. Seeks friendships with others in age group			
7. Doesn't invade others personal space			
8. Apologizes when appropriate			
Area: Physical Development	Target	Control	Examples of "N" Marked items for Target Student
1. Sits without support.			
2. Walks without support			
3. Picks up small objects with hand			
4. Kicks ball			
5. Runs smoothly, with changes in speed & direction			
6. Walks up & down stairs by alternating feet (may hold rail)			
7. Hops on one foot			
8. Draws a circle			

\_\_\_\_\_  
Signature of Observer

\_\_\_\_\_  
Relationship to Child

\_\_\_\_\_  
Dates of Observation(s)