

VOICE EVALUATION

Client's Name: _____ Referral Source: _____
Address: _____ Examiner: _____
Phone: _____ Type of Disorder _____
Age: _____ Birthdate: _____ Date of Exam: _____

I. PHYSICAL MECHANISM

A. Breathing

_____ clavicular
_____ abdominal
_____ thoracic
_____ shortness of breath
_____ audible breathing
_____ shoulder movement during breathing
_____ speaks on residual air

B. Breath control

_____ seconds can count on one breath
_____ no. can count on one breath

Sustains

s-s-s: _____ seconds
z-z-z: _____ seconds
ah (on normal inhalation) : _____ seconds
ah (on deep inhalation): _____ seconds
ee: _____ seconds

C. Tension Sites

_____ abdominal
_____ chest
_____ upper chest
_____ neck
_____ mandible
_____ face
_____ lips

D. Hearing Acuity

_____ has aid
_____ has aid but is not wearing
_____ is wearing aid
_____ hearing normal
_____ has loss but needs no aid
_____ school health record shows history of screening test results

Date of most recent hearing test _____

Results:

	LEFT	RIGHT	COMMENTS
AIR			
BONE			

II. PHONATION

A. Intensity

_____ normal	_____ able to imitate loud volume
_____ too loud	_____ able to imitate soft volume
_____ too soft	_____ able to imitate a shout
_____ varies in intensity	

B. Quality

_____ normal	_____ production of /m/ is abnormal
_____ breathy	_____ production of /n/ is abnormal
_____ harsh/rough	_____ production of /ng/ is abnormal
_____ monotone	

C. Resonance Balance

_____ hyponasal	_____ assimilative nasality
_____ hypernasal	_____ normal resonance

D. Voice characteristics under varying conditions

CONDITION	CHARACTERISTIC	
	Same as Habitual	Difference from Habitual
----- a. louder than habitual		
----- b. softer than habitual		
----- c. lower pitch than habitual		
----- d. higher pitch than habitual		
----- e. more jaw activity than habitual		
----- f. less jaw activity than habitual		
----- g. faster rate than habitual		
----- h. slower rate than habitual		

III. CLINICAL IMPRESSIONS OF THE CLIENT

- | | |
|---|--|
| <input type="checkbox"/> excessive postural changes | <input type="checkbox"/> embarrassed |
| <input type="checkbox"/> quiet and shy | <input type="checkbox"/> interested |
| <input type="checkbox"/> poor eye contact | <input type="checkbox"/> overly concerned |
| <input type="checkbox"/> tense | <input type="checkbox"/> apathetic |
| <input type="checkbox"/> hostile | <input type="checkbox"/> shortness of breath |
| <input type="checkbox"/> pleasant | |

Behavioral Description:

IV. MEDICAL DIAGNOSIS

V. SUMMARY OF HOME OBSERVATIONS BY PARENT

VI. SUMMARY OF OBSERVATIONS BY CLINICIAN

VII. SUMMARY OF OBSERVATION BY CLASSROOM TEACHER

VIII. FINAL SUMMARY AND RECOMMENDATIONS

TABLE 2. Normative data on maximum phonation duration (in seconds except for the coefficient of variation, C, which is dimensionless) for vowel /a/. M = male; F = female.

Source	Subjects	Sex	M	SD	Range	C
Harden & Looney (1984)	6-year-olds	M	10.4	5.1	3.8 -16.8	.49
		F	10.6	6.3	6.2 -30.6	.59
Beckett et al. (1971)	7-year-olds	M	14.2	3.3	12.0 -22.0	.23
		F	15.4	2.7	9.0 -19.0	.175
Finnegan (1984)	3-year-olds	M	7.9	1.81	4.38-11.46	.23
	3-year-olds	F	6.3	1.76	2.84- 9.72	.28
	4-year-olds	M	10.0	2.51	5.08-14.90	.25
	4-year-olds	F	8.7	1.84	5.26-12.46	.21
	5-year-olds	M	10.1	3.05	4.15-16.09	.30
	5-year-olds	F	10.5	2.57	5.44-15.50	.24
	6-year-olds	M	13.9	2.98	8.06-19.74	.21
	6-year-olds	F	13.8	3.65	6.66-20.96	.26
	7-year-olds	M	14.6	2.82	9.11-20.15	.19
	7-year-olds	F	13.7	2.45	8.88-18.48	.18
	8-year-olds	M	16.8	4.51	7.98-25.64	.27
	8-year-olds	F	17.1	4.62	8.07-26.17	.27
	9-year-olds	M	16.8	6.07	4.94-28.72	.36
	9-year-olds	F	14.5	3.78	7.07-21.87	.26
	10-year-olds	M	22.2	4.74	12.91-31.49	.21
	10-year-olds	F	15.9	5.99	4.14-27.62	.38
	11-year-olds	M	19.8	3.79	12.43-27.27	.19
	11-year-olds	F	14.8	2.06	10.73-18.79	.14
	12-year-olds	M	20.2	5.72	9.02-31.44	.28
	12-year-olds	F	15.2	3.87	7.58-22.74	.25
	13-year-olds	M	22.3	8.19	6.29-38.29	.37
	13-year-olds	F	19.2	4.58	10.27-28.21	.24
	14-year-olds	M	22.3	6.89	8.84-35.84	.31
	14-year-olds	F	18.8	5.15	8.76-28.94	.27
	15-year-olds	M	20.7	5.32	10.32-31.16	.26
	15-year-olds	F	19.5	4.66	10.40-29.93	.24
	16-year-olds	M	21.0	4.40	12.43-29.66	.21
	16-year-olds	F	21.8	4.47	13.09-30.61	.20
	17-year-olds	M	28.7	7.08	14.83-42.57	.25
	17-year-olds	F	22.0	6.30	9.65-34.33	.29
Lewis et al. (1982)	8-year-olds	M	20.0	-	11.5 -24.5	
	8-year-olds	F	19.1	-	11.9 -23.0	
	10-year-olds	M	24.9	-	15.9 -39.0	
	10-year-olds	F	16.5	-	12.9 -21.8	

phonatory function. It is beyond the scope and purpose of this paper to consider them in detail, but several possible analyses are described in the literature. If a spectrograph is available, then spectrograms can be used to describe or measure various features of the acoustic pattern (Rontal, Rontal, & Rolnick, 1975; Yanagihara, 1967). Vocal tremor, noise, voice breaks, and other irregularities are features to be noted. Using a graphic level recorder, the noise level

in the spectrum can be estimated to derive the spectral noise level (SNL), defined as the lowest peak marking of the graphic level recorder stylus in each 100-Hz section of the spectrum (Arnold & Emanuel, 1979; Emanuel, Lively, & McCoy, 1973; Emanuel & Sansone, 1969; Emanuel & Whitehead, 1979; Hanson & Emanuel, 1979). Perturbations in fundamental frequency (jitter) and amplitude (shimmer) also can be derived from the sustained

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TABLE 2. continued

Source	Subjects	Sex	M	SD	Range	C
Williams (1977)	8-year-olds	M	13.3	2.5	-	.19
	8-year-olds	F	13.6	5.2	-	.38
	11-year-olds	M	17.8	4.7	-	.26
	11-year-olds	F	15.8	4.1	-	.26
Child (1979)	10-year-olds	M	20.2	4.7	-	.23
	10-year-olds	F	15.1	4.3	-	.28
Reich et al. (1986)	8.5-10.4 years	F	14.3	4.69	-	.33
Ptacek & Sander (1963)	Young adults	M	22.6	8.1	9.3-43.3	.36
		F	15.2	5.0	6.2-28.4	.33
Ptacek et al. (1966)	Young adults	M	24.6	6.7	12.5-36.0	.27
		F	20.9	5.7	11.8-32.0	.27
Kreul (1972)	Young adults		18.2	4.3	-	.24
Hirano et al. (1968)	Adults	M	34.6	-	15.0-62.3 (CR)	
		F	25.7	-	14.3-40.4 (CR)	
Inglis (1977)	Young adults	M	24.8	8.4	-	.34
		F	22.8	4.1	-	.18
Taylor (1980)	Young adults	M	28.0	8.9	-	.32
		F	22.9	5.8	-	.25
Neiman & Edeson (1981)	Young adults	M	29.0	5.5	-	.19
		F	19.6	4.7	-	.24
Yanagihara & Koike (1967)	Young adults	M	30.2	9.7	20.4-50.7	.32
		F	22.5	6.1	16.4-32.90	.27
Bless & Hirano (1982b)	Young adults	M	33.6	11.4	16.7-58.4	.34
		F	26.5	11.3	11.6-60.5	.43
Canter (1965)	Men (35-75 years)		20.6*	-	14.8-42.4	-
Kreul (1972)	Aged M (65-75 years)		14.6	5.9	-	.40
	F (66-93 years)		14.6	5.8	-	.40
Ptacek et al. (1966)	Aged M (68-89 years)		18.1	6.6	10.0-37.2	.36
	F (66-93 years)		14.2	5.6	7.0-24.8	.39
Mueller (1971)	Aged M (51-65 years)		13.0	-	-	-
	F (49-72 years)		15.4	-	-	-
Mueller (1982)	Aged M (85-92 years)		13.0	-	7.0-12.0	-
	F (85-96 years)		10.0	-	6.0-18.0	-

Note. CR = critical region.

*Median.

phonation. Normative data are available in several papers (e.g., Hollien, Michel, & Doherty, 1973; Horii, 1979, 1985; Klingholz & Martin, 1985; Koike, 1973; Ramig & Ringel, 1983; Sorenson & Horii, 1984). For sustained vowel phonation in the modal register, jitter averages about 1% and shimmer averages about 0.5 dB. Kojima, Gould, Lambiase, and Isshiki (1980) used Fourier analysis to derive a signal-to-noise (S/N) ratio; and Yumoto, Gould, and Baer (1982) described a harmonics-to-noise (H/N) ratio for voice analysis. Finally, digital processing techniques can be used to derive several measures of

voice function (Davis, 1976). See Johnson (1984) for a helpful review of voice analyses.

Another voice analysis tool is the phonetogram, which describes the fundamental frequency and intensity ranges of a voice and is therefore a portrayal of vocal maximum performance. This analysis—which also has been named a voice profile, voice field, voice area, and $L_{50}SPL$ profile—is discussed further in conjunction with maximum vocal intensity (to follow). Sonninen, Hurme, Toivonen, and Vilkmann (1985) described a *voice field* description of vowel phonation. The voice field is a plot

Sustained Vowels for Voice

DEPT. OF COMMUNICATION DISORDERS
Course 4-516, Voice Problems

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TABLE 4
Averaged Maximum Phonation Time in Sec for
/u/, /i/, and /u/ *

Age	Females			Males		
	Time	S.D.	N	Time	S.D.	N
	<i>sec</i>			<i>sec</i>		
9	8.8	3.6	8	11.4	5.9	5
10	9.4	2.8	7	10.4	4.2	7
11	11.5	2.7	8	12.8	7.2	8
12	12.2	3.7	9	12.2	5.3	13
13	11.0	3.5	11	12.3	4.4	15
14	13.3	6.2	12	17.6	7.2	11
15	12.4	5.2	20	18.9	6.0	10
16	12.9	2.9	10	17.8	4.5	6
17	13.5	2.9	10	16.9	8.0	9

* Adapted from Launer, P. G. Unpublished master's thesis, State University of New York at Buffalo, 1971.

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TABLE 5
Averaged Maximum Phonation Time in Sec for
/u/, /i/, and /u/ *

Age	Females			Males		
	Time	S.D.	N	Time	S.D.	N
	<i>sec</i>			<i>sec</i>		
6	11.17	2.82	11	11.74	3.27	10
7	10.57	2.50	12	11.77	3.55	11
8	15.27	2.89	12	12.97	3.03	13

* Adapted from Cunningham-Grant, J. D. S. Unpublished master's thesis, State University of New York at Buffalo, 1972.

*Sustained 1st for
voice*

RESULTS

Intrajudge reliability of measuring MPT using the stop watch was completed 12 wk following data collection for a random sample of 25 children. The correlation between the two stopwatch measurements was statistically significant ($r = +0.96$; $t(23) = 3.06$; $p < 0.01$). All live stop watch measurements were compared with their countermeasurements derived from the graphic-level recorder. The two measurements were highly related ($r = +0.89$; $z(285) = 15.06$; $p < 0.01$).

The mean and standard deviation of the three longest sustained phonations, measured in seconds and categorized according to sex and age level, are presented in Table 1. The group mean of the three longest sustained phonations for the male children was 18.23 sec; the total sample standard deviation was 7.20 sec, and 15.79 and 5.72 sec, respectively, for the female children. The group mean MPT for the males was significantly longer than for the females [$t(284) = 3.26$; $p < 0.01$]. Males phonated longer than females in 12 of 15 age groups. The only age levels where females sustained phonation longer than males were: 5-0 to 5-11, 8-0 to 8-11, and 16-0 to 16-11.

The mean of the three longest phonations for males increased from 7.92 sec for the 3.5-yr-olds to 28.70 sec for the 17.5-yr-olds, and those for the females increased from 6.28 sec for the 3.5-yr-olds to 21.99 sec for the 17.5-yr-olds. A definite monotonic increase in length of sustained phonation was not apparent across all age levels for either sex.

Table 1. Mean and SD of the Three Longest Sustained Phonations Measured in Seconds ($n = 286$)

Age	Female subjects			Male subjects		
	<i>n</i>	M	SD	<i>n</i>	M	SD
3-6 to 3-11	5	6.28	1.76	5	7.92	1.81
4-0 to 4-11	10	8.86	1.84	10	9.99	2.51
5-0 to 5-11	10	10.47	2.57	10	10.12	3.05
6-0 to 6-11	9	13.81	3.65	9	13.90	2.98
7-0 to 7-11	10	13.68	2.45	9	14.63	2.82
8-0 to 8-11	10	17.12	4.62	10	16.81	4.51
9-0 to 9-11	10	14.47	3.78	10	16.83	6.07
10-0 to 10-11	10	15.88	5.99	10	22.20	4.74
11-0 to 11-11	10	14.76	2.06	10	19.85	3.79
12-0 to 12-11	10	15.16	3.87	9	20.23	5.72
13-0 to 13-11	10	19.24	4.58	10	22.34	8.19
14-0 to 14-11	10	18.85	5.15	10	22.34	6.89
15-0 to 15-11	10	19.53	4.66	10	20.74	5.32
16-0 to 16-11	10	21.85	4.47	10	21.04	4.40
17-0 to 17-11	10	21.99	6.30	10	28.70	7.08
Group totals	144	15.79	5.72	142	18.23	7.20

MAXIMUM PHONATION TIME

Ninety-five percent confidence data at each age level. An inspection of the data revealed large differences in individual MPT within a given age group in both sexes. The limits of the confidence intervals were quite wide.

The influence of repeated trial on the minimum number of trials necessary to obtain a maximum phonation. The criterion variable was the length of the first trial that was equal to or greater than the length of the maximum phonations. See Table 3 for the results for each sex and age level. Males required a longer length of phonation for maximum phonation (7.6). Variability of the effect of repeated trials was large. A cumulative frequency distribution of the maximum phonation by the third trial. The examination of the frequency distribution of the maximum phonation by the third trial. The MPT until the ninth trial. A χ^2 test of the frequency distribution data. Sex and the number of trials were not significantly related ($\chi^2(13) = 1.1$, $p > 0.05$). MPT data were averaged over age group, and these data were compared with the data for the maximum phonation.

Table 2. Ninety-Five Percent Confidence Limits of Maximum Phonation Time (MPT) for Males

Age	Males	
	Lower	M
3	4.38	7.92
4	5.08	9.99
5	4.15	10.12
6	8.06	13.90
7	9.11	14.63
8	7.98	16.81
9	4.94	16.83
10	12.91	22.20
11	12.43	19.85
12	9.02	20.23
13	6.29	22.34
14	8.84	22.34
15	10.32	20.74
16	12.43	21.04
17	14.83	28.70